

# 2024 Contracted Health Insurance List

#### **PPO, HMO & COMMERCIAL PLANS**

**AARP** 

Aetna (ALL PLANS)

Alignment Health Plan of AZ

Allwell - Medicare Essentials 1 (HMO)

Allwell Dual

American Indian Health

Program (AIHP)

Arizona Complete Health

Banner Plans - ALL PLANS

**BCBS** 

BCBS of AZ

BCBS Advantage **PPO & HMO** 

Cigna (Medicare Only)

CMDP - Comprehensive Medical

& Dental Program

Cofinity (PPO)

Corvel (PPO)

Covenant (PPO)

Devoted Health of AZ

Dignity Health (All Plans)

**Evolutions Health Systems** 

First Health/Coventry

(PPO/MA/Auto)

Fortified Provider Network (PPO)

Galaxy Health Network (PPO)

Global Excel Management (PPO)

Humana, Inc (ALL PLANS)

HealthSmart (PPO/ACCEL/HPO

Health Net of AZ

(PPO/HMO/EPO-Only) Health Net Community Care

(Fed Exchange)

Health Net Access (AHCCCS plan)

**Healthnet Tricare** 

Imperial of AZ

Integrated Health Plan (PPO)

Independent Medical Systems

(PPO)

Integra Group (PPO)

InterPlan Health Group (IHP)

Key Risk Management SRVC (PPO)

Life Print

Molina/Magellan Health

Medicare

MedRisk

Mesa Public Schools

Mutiplan and ValuePoint (PPO)

National Health Finance/Old

Pueblo(Med-Pav)

NexusACO NR and NexusACO R

OccuNet (PPO)

Optum Health Allies

Optum Health – All Plans

Oscar Health

PHCS (PPO)

Rockport

SCAN Desert Health Plan

Stratose Care

TriCare

TechHealth

Three Rivers Provider Network

(PPO)

TriWest

United Health Care

University of AZ Health Plans

#### **AHCCCS PLANS**

Ambetter

Arizona Complete Health

**Banner University** 

Care1st/CareOne

Molina/Magellan

Mercy Care

HealthNet

University of AZ Health Plans University of Physician Health Plans

United Health Care AHCCCS

#### **WORKERS COMP**

All Workers Comp accepted Alaska National (WC) AAA Landscaping (WC)

Beech Street Corp (PPO/WC)

ClarisPointe (PPO/WC)

City of Phoenix (WC)

City of Scottsdale (WC)

Maricopa County (WC)

Skyline Steel (WC)

Southwest Risk/Berkley Risk

TriSTar Risk Management Universal Smart Comp

Valley Schools Workers Comp,

Paradise Valley, Deer Valley, Peoria School Districts (WC)

#### Also available:

Motor Vehicle/Accident liens and self pay.

# NPI #1285023796 Tax ID #30-0853331

# Simply fax us these three items:

- 1. Patient's Demographics
- 2. Copy of Insurance Card
- 3. Script for Physical Therapy

#### We will:

- 1. Obtain authorization and benefits.
- 2. Call and schedule the patient.
- 3. Communicate back that patient has started treatment.

# We specialize in:

- Sports rehab
- Pre / Post-surgical rehab
- Back pain
- Neck pain and headaches
- Injury rehab
- Walking, balance and fall risk
- Neurological disorders
- Disability evaluations
- Whiplash and MVA injuries
- Vertigo
- Arthritis
- Concussion/Back to sport protocol

# We also offer:

- Dry needling
- Cupping
- Hand therapy
- Gait analysis

# Please call us regarding any insurance not listed or with any questions.



## East Mesa/Gilbert/AJ

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## West Mesa/Chandler/Tempe

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